## Mirrors to Windows

#### Katie Messer

Ladies, we all share the same desires ... to be loved and called lovely.

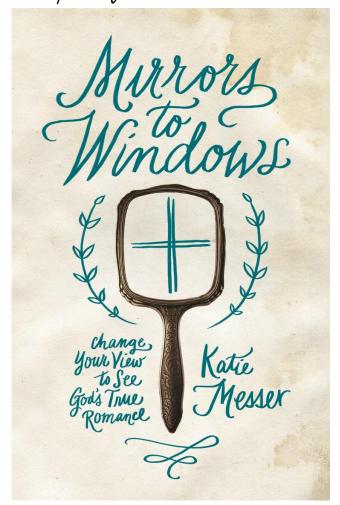
But chances are, true love and true beauty can't be perceived or

experienced from your current point of view.

The dangers of a poor or false self-image are serious. Many young ladies are driven to the brink of self-destruction by their impaired judgment, desire to be loved, and longing for true security. Katie Messer knows all too well about such toxic thoughts, about how it felt being trapped in her own "plastic prison," and about the dark roads she traveled in hopes of finding a love that seemed too good to be true. Yet all the while, a True Love was waiting for her to return.

In Mirrors to Windows, Katie demonstrates a simple but dynamic change of viewpoint. Stop fixating on the internal (Mirrors): self-image, perceived needs, insatiable longing for acceptance and love. Instead, steer your eyes outward (Windows), and you'll see with clarity that the best life and the truest love have been waiting for you all along.

God is waiting to blow the roof off your expectations and desires. It is God who saves, God who redeems, and God who takes all demented attempts of our own searching and striving for happiness and belonging—and turns it into something truly beautiful as we embrace the Cross of Christ and His divine calling.









# Katie Messer

Katie Messer holds a BA in international relations, a BA in Latin American studies and a Minor in Spanish from California State University Chico. She is a speaker passionate and writer of God's hope and healing in the lives of those from every culture, country, and walk of life. She and her husband, Phil, enjoy taking

their two children to feed the resident turtles. They currently live in the Middle East. Depending on the time zone she and her beloved family are in, you might find her enjoying an extra-sugary cup of mint tea (chai b'naana in Arabic), or dill pickles. Katie is pursuing an MA in professional counseling.

### Connect with Katie

www.katiemesserbooks.com facebook.com/katiemesserbooks twitter @KatieMesserBook



#### What Others are Saying About Mirrors to Windows

"Mirrors to Windows will challenge you to move past your complacency into a life of faith and trusting the Lord in all things. Just as I had to search my heart to see if I was allowing fear to hinder the Lord's work in my life, you, also, will be challenged to put fear aside to pursue whatever the Lord is calling you to do. As Katie Messer demonstrates, God is such a gentleman—so patient and kind, so loving—always working every detail of our lives for His glory and for our good. Take the brakes off, and trust God to begin something new and fresh in you."

-Rhonda B. Mann, ministry leader, East Leesville Baptist Church, Leesville LA

"From the opening pages, you will curl up on the couch with Katie and engage in intimate conversation about life, love, and what it means to be complete in Christ."

-Marsha Harvell, author of *The Covenant Maker* and co-author of *The Watchman* on the Wall

"Katie Messer's story gives words to the heart of our great King. Not only do we live in the power of His resurrection, but we are a part of the greatest love story ever told, both on Earth and in Heaven."

-Susan Hanson, Youth With a Mission

"Mirrors to Windows is a refreshing read. Katie's words clearly communicate her depth of intimacy with the Lord, which makes one long for an equally deep walk with the Lord. Ladies, young and old, will be reminded that the way we find ourselves and keep on doing so is through fellowship with the Lord, not in the world's definition of beauty or success. Read about Katie's personal journey, and be inspired to sit at the Lord's feet."

-EloClaire Odogbo, author of Learning to Learn

"Katie Messer's life is a beautiful testimony to the intimacy God wants to have with all of us. Her writing is transparent and at times very raw, allowing readers to feel they know her. I was blown away by the clarity with which she hears God and by her stories. An amazing, encouraging, inspiring, and God-glorifying read. I couldn't put it down."

- Erin Skazalski, wife and church staffer

"Mirrors to Windows is beautifully honest. The wisdom it contains is some I wish I had received as a teen. What a great, godly resource this is for girls everywhere trying to find their way in this big world."

-Kimberlyn Remedies, mom; teacher; business owner of Loving Motherhood



#### Suggested Interview Questions

#### For Katie Messer

#### Author of Mirrors to Windows

- I understand you took a desert trek into the sand dunes of Morocco on camel back while studying Arabic in Morocco. What was THAT like?!
- In your book, *Mirrors to Windows*, you speak of various ways God broke through your skepticism before embracing His calling for your life. Do you mind elaborating on the literal neon green sign that you saw while driving through a red light district of Bangkok, Thailand? Tell us how God used it as a "sign" in your own story.
- I'm sure most remember the movie Titanic. What was it like to dive through the sister ship, The Rhone? And all the while, God was teaching you lessons on dating!
- After calling 911 as you were running away from the men who had just slashed your tires in the remote location of Upper Park, what was going through your head? What lesson impacted you most?
- Who do you feel would benefit from reading this truly action packed book, Mirrors to Windows?
- What is the biggest take away you would want for any who pick up, Mirrors to Windows?
- So, I understand you are not afraid to try local favorite foods as you travel. What are some of the craziest things you have tried while traveling/living abroad?
- There is a theme of searching for beauty, true beauty within your book, *Mirrors to Windows*. What is the biggest lesson God has shown you, or perhaps is still showing you, regarding true beauty?
- What message would you like to share with anyone listening who is in need of some honest conversation and answers about the lifestyle they feel "stuck" or "trapped" in?

